

Aspen Elite™ TLSO

Doctor: _____ Fitter: _____

Patient Name: _____ Date: _____

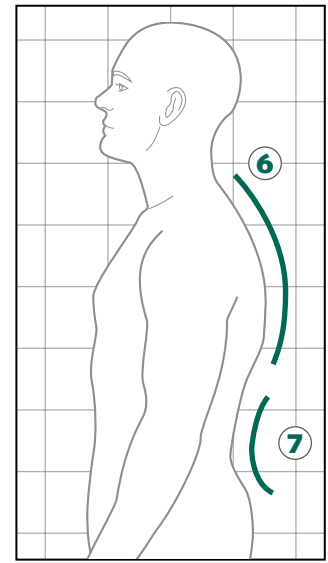
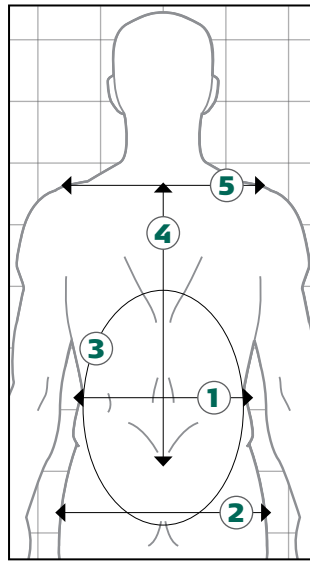
Patient #: _____ Additional Follow-Up Dates: _____

TOOLS NECESSARY: Scissors • Tape Measure • Bending Tool

FOR USE WITH PRODUCTS MANUFACTURED BY ASPEN MEDICAL PRODUCTS ONLY. THIS PRODUCT IS INTENDED FOR APPLICATION BY HEALTH CARE PRACTITIONERS AS DIRECTED BY A PHYSICIAN OR OTHER QUALIFIED MEDICAL AUTHORITY. THIS IS A PREFABRICATED ORTHOSIS. IT IS INTENDED TO BE CUSTOMIZED TO AN INDIVIDUAL PATIENT. FOLLOW THE STEPS BELOW TO CUSTOMIZE.

STEP 1 - MEASUREMENTS

- 1 Lower rib circumference = _____
- 2 Hip circumference = _____
- 3 Sacrococcygeal Junction to inferior Scapular Spine = _____
- 4 Length from intergluteal cleft to C7 spinous process = _____
- 5 Distal End Clavicle = _____
- 6 Degree of Kyphosis = _____
- 7 Degree of Lordosis = _____



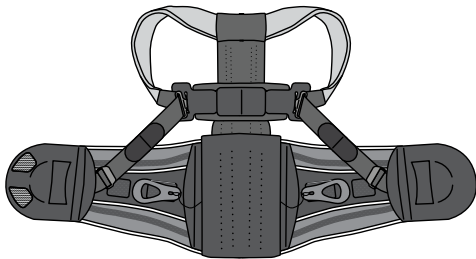
TIME SPENT: _____

STEP 2 - CUSTOMIZE BACK PANEL TO ANATOMY

SIZING IS CRITICAL TO PROPER PERFORMANCE

Use the measurements below to customize to patient's anatomy.

- A. Use waist circumference (average of 1 and 2 _____) to determine size of the Elite TLSO.



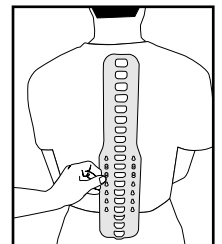
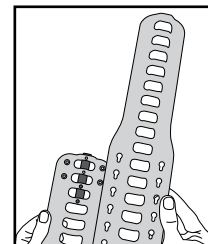
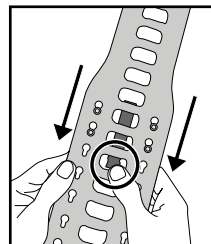
SIZING GUIDE		
Size	Circumference	
X-SMALL	25.5 – 29.5 in	65 – 75 cm
SMALL	29.5 – 33.5 in	75 – 85 cm
MEDIUM	33.5 – 37.25 in	85 – 95 cm
LARGE	37.25 – 41.25 in	95 – 105 cm
X-LARGE	41.25 – 45.25 in	105 – 115 cm
XX-LARGE	45.25 – 49.25 in	115 – 125 cm
XXX-LARGE	49.25 – 59.1 in	125 – 150 cm

TIME SPENT: _____

STEP 3 - CUSTOMIZE POSTERIOR STRUT TO ANATOMY

To customize, remove the components, heat, trim, bend, and reassemble.

- A. Using measurement 4, _____ adjust height of the posterior strut to the proper height.
- B. Using measurements 6 and 7, _____, bend strut to fit the patient's anatomy.



TIME SPENT: _____

Aspen Elite™ TLSO

Doctor: _____ **Fitter:** _____

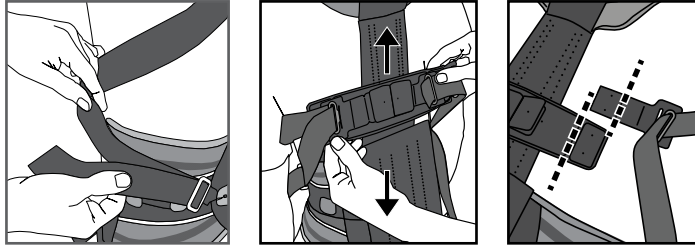
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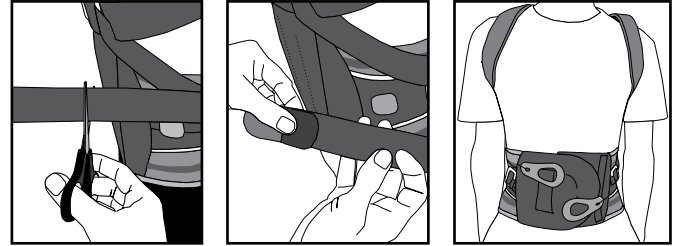
TOOLS NECESSARY: Scissors • Tape Measure • Bending Tool

STEP 4 - TLSO ADJUSTMENT TO CUSTOMIZE, ADJUST, TRIM, AND REASSEMBLE.

A. After shoulder straps are tightened, adjust the posterior connection point up or down, in or out for optimal comfort. Trim at dotted lines if required.



B. Trim excess shoulder strap material by removing the hook / loop tab, cutting off excess and reapplying.



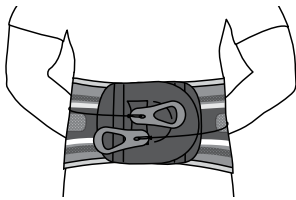
TIME SPENT: _____

STEP 5 - CUSTOMIZE BELT FIT

ANGLE ANTERIOR PANELS

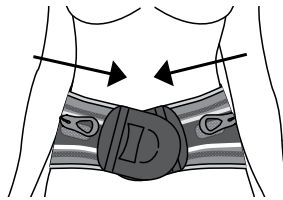
Every patient has a unique individual anatomy. Determine angulation for proper fit. Circumferential contact at both upper and lower margins of brace is essential for proper brace performance and support.

A. Bend anterior panel to conform to patient's anatomy.
B. Angle anterior panels:



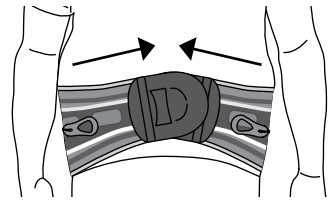
Neutral

Configuration for best support



Inferior Angulation

Configuration for best support



Superior Angulation

Configuration for best support

TIME SPENT: _____

STEP 6 - EDUCATION

EDUCATE PATIENTS

Proper education is needed for individual to maintain proper fit throughout total time of wear.

Items to educate patients on:

Independent compression mechanics

Proper placement of brace

Proper cleaning

Donning and doffing

Resetting the brace after wear

Follow up appointments

Proper angulation to ensure circumferential contact

TIME SPENT: _____

CLINICAL JUSTIFICATION FOR CUSTOMIZING BRACE

TOTAL TIME TO CUSTOMIZE BRACE: _____