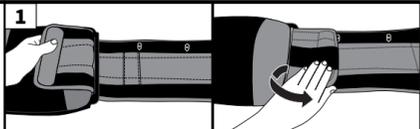




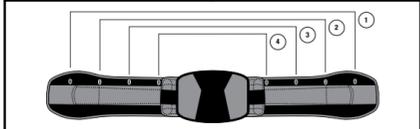
ASPEN HORIZON™ 639 LSO

- LUMBAR SACRAL ORTHOSIS
LUMBAL-SAKRALE ORTHESE
ORTESIS SACRO-LOMBARE
ORTHÈSE LOMBO-SACRÉE
LUMBALE SACRALE ORTHÈSE
BEDERNIJ KRÍŽOVÁ ORTÉZA
LUMBAL SAKRAL ORTÓZ
ΟΣΦΥΪΚΗ ΟΡΘΩΣΗ ΙΕΡΟΥ ΟΣΤΟΥ
LUMBAL KORSRYGGORTØSE
ORTEZA ŁĘDŹIOWO-KRZYŹOWA
LANNERANGAN SAKRALAINEN ORTOOSI
LUMBAL SAKRAL ORTOS
ОРТЕЗА ДЛЯ ПОЯСНИЧНО-КРЕСТЦОВОГО ОТДЕЛА ПОВЗНОНИЧНИКА
ÓRTESE SACRO LOMBAR
腰骶矫形器

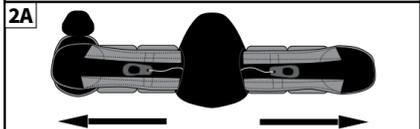


ENGLISH
1. SIZE ADJUSTMENT
To change the size of the Horizon, peel up the inside end of the side panel on each side. Adjust to proper fit and reattach.

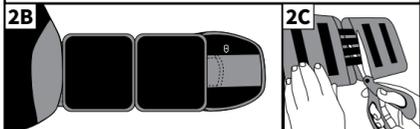
Table with 3 columns: Size, Circumference, and corresponding measurements in cm.



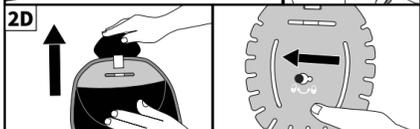
2. PREPARATION
A. Place the pull tabs 2 inches (5 cm) from the plastic in the back of the brace. Pull the ends of the brace away from each other ensuring that it is fully extended.



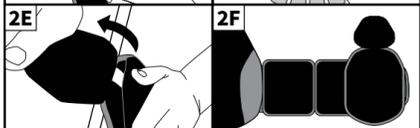
2A. Bei kleineren Patienten können die obere Verlängerungsplatte herausgenommen werden. Dazu müssen Sie die vordere Kunststoffplatte vom Polster entfernen. Zum Eintragen die Alustange schieben. Nachdem die Verlängerungsplatte abgenommen wurde, stecken Sie die vordere Kunststoffplatte wieder rein.



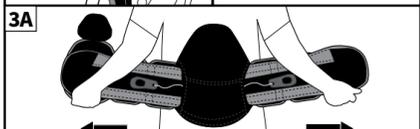
3. APPLICATION
A. Apply the fully extended brace making sure the back panels is centered and low on the back. Apply the brace tightly around the abdomen, the right side overlapping the left.



4. TIGHTENING
A. Slip your thumbs through the holes in the pull tabs. Pull away from your body. B. The left pull tab controls lower compression and the right pull tab controls the upper compression. Adjust the compression as needed.



5. ADJUSTMENT
A. Adjust the upper and/or lower compression by loosening or tightening the pull tabs as needed. B. When patient is seated, slightly loosening the upper portion may be beneficial.



6. MODIFICATION OPTIONS
This product may be substantially modified by an individual with expertise. For more information, please visit www.aspenmp.com/education/product-modifications.

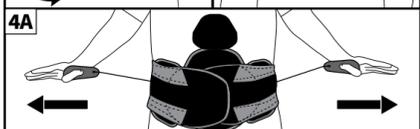
INTENDED USE
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INDICATIONS
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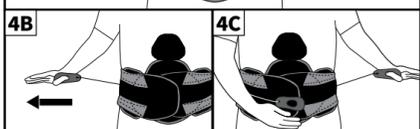


CARE INSTRUCTIONS
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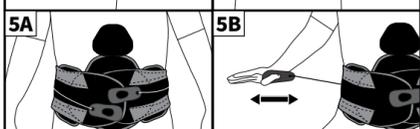
MATERIALS
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DISPOSAL
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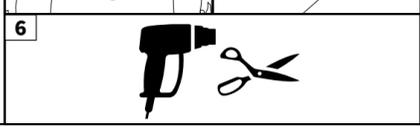
REPORTING
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DEUTSCH
1. GRÖSSENEINSTELLUNG
Zur Erzielung der richtigen Größenstellung der Horizon-Kreuzstützbandage das Innenende des Seitenteils an jeder Seitenerweiterung nach oben ziehen und wieder fixieren.

Table with 3 columns: Größe, Umfang, and corresponding measurements in cm.

2. VORBEREITUNG
A. Die Zugleinen 2 Zoll (5 cm) vom Kunststoffteil im Rückenteil der Stütze herausziehen. B. Stellen Sie sicher, dass die Seitenplatten von den hinteren bis zu den vorderen Platten fixieren.

3. ANLEGEN
A. Die vollständig auseinandergezogene Kreuzstützbandage anlegen und darauf achten, dass das Rückenteil tief im unteren Rückenbereich zentriert ist.

4. STRAFFEN
A. Die Zugleinen durch die Ösen der Zugleinen stecken und diese nach außen vom Körper wegziehen. B. Mit der linken Zugleine wird die untere Kompression und mit der rechten Zugleine die obere Kompression reguliert.

5. JUSTIEREN
A. Zum Justieren der oberen und/oder unteren Kompression einfach die Zugleinen lockern oder straffen. B. Für mehr Komfort kann der obere Teil der Stützbandage beim Sitzen des Patienten etwas gelockert werden.

6. ANPASSUNGSMÖGLICHKEITEN
Dieses Produkt kann von einer erfahrenen Person wesentlich angepasst werden. Weitere Informationen finden Sie auf www.aspenmp.com/education/product-modifications.

INTENDED USE
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INDICATIONS
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ESPAÑOL
1. AJUSTE DE TAMAÑO
Para cambiar el tamaño de la faja Horizon, desprenda el extremo interior del panel lateral de cada lado, ajuste al tamaño apropiado y adhiera nuevamente.

Table with 3 columns: Taille, Circunferencia, and corresponding measurements in cm.

2. PREPARACIÓN
A. Coloque las lengüetas de extracción a una distancia de 2 pulgadas (5 cm) del plástico que se encuentra en la parte posterior del soporte.

3. APLICACIÓN
A. Aplique la faja totalmente extendida, asegurándose de que el panel posterior está bien centrado y bajo en la espalda.

4. AJUSTE
A. Pase los pulgares por los orificios de las pestañas de ajuste. Hale en dirección opuesta a su cuerpo.

5. JUSTEREN
A. Zum Justieren der oberen und/oder unteren Kompression einfach die Zugleinen lockern oder straffen. B. Für mehr Komfort kann der obere Teil der Stützbandage beim Sitzen des Patienten etwas gelockert werden.

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ITALIANO
1. REGOLAZIONE DELLE MISURE
Per cambiare la misura del supporto Horizon, staccare l'estremità interna del pannello a lato del supporto su ciascun lato. Regolarla per ottenere la misura appropriata e riattaccarla.

Table with 3 columns: Taglia, Circonferenza, and corresponding measurements in cm.

2. PREPARAZIONE
A. Posizionare le linguette a 5 cm (2 pollici) di distanza dalla plastica sul retro del torso. B. Assicurarsi che i pannelli laterali si estendono dal pannello posteriore a quello anteriore.

3. APLICAZIONE
A. Aplique la faja totalmente extendida, asegurándose de que el panel posterior está bien centrado y bajo en la espalda.

4. AJUSTE
A. Pase los pulgares por los orificios de las pestañas de ajuste. Hale en dirección opuesta a su cuerpo.

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FRANÇAIS
1. RÉGLAGE DE LA TAILLE
Pour changer la taille de la ceinture Horizon, détacher l'extrémité du panneau latéral de chaque côté. Régler jusqu'à la taille convenable et rattacher.

Table with 3 columns: Taille, Circonférence, and corresponding measurements in cm.

2. PRÉPARATION
A. Placez les languettes à une distance de 2 pouces (5 cm) de la matière plastique située à l'arrière de l'orthèse. Écartez les extrémités de l'orthèse en vous assurant qu'elle est complètement étirée.

3. APPLICATION
A. Applique la faja totalmente extendida, asegurándose de que el panel posterior está bien centrado y bajo en la espalda.

4. AJUSTE
A. Pase los pulgares por los orificios de las pestañas de ajuste. Hale en dirección opuesta a su cuerpo.

5. JUSTEREN
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NERDLANDS
1. MAAT AANPASSEN
Om de grootte van de Horizon te wijzigen, trek uit het binnenste uiteinde van het zijpaneel aan elke kant omlaag. Verstel naar de juiste passende en bevestig opnieuw.

Table with 3 columns: Maat, Omtrek, and corresponding measurements in cm.

2. VOORBEREIDING
A. Plaats de treklijnen 5 cm van het plastic in de achterkant van de brace. Trek de uiteinden van de brace weg van elkaar om er voor te zorgen dat deze volledig uitgestrekt is.

3. APLICAZIONE
A. Aplique la faja totalmente extendida, asegurándose de que el panel posterior está bien centrado y bajo en la espalda.

4. AJUSTE
A. Pase los pulgares por los orificios de las pestañas de ajuste. Hale en dirección opuesta a su cuerpo.

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ČEŠTINA
1. NASTAVENÍ VELIKOSTI
Chcete-li změnit velikost Horizon, odnůvnete vnitřní konec bočního panelu na každé straně. Upravte velikost pomocí pásky a znovu připejte.

Table with 3 columns: Velikost, Obvod, and corresponding measurements in cm.

2. PŘÍPRAVA
A. Umístěte pouška 2 palce (5 cm) od plastu v zadní části ortézy. Konce ortézy odtráhněte od sebe a zajistěte, aby byla plně vysunutá.

3. APLICAZIONE
A. Aplique la faja totalmente extendida, asegurándose de que el panel posterior está bien centrado y bajo en la espalda.

4. AJUSTE
A. Pase los pulgares por los orificios de las pestañas de ajuste. Hale en dirección opuesta a su cuerpo.

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