

EVERGREEN™ 637 LSO

ONE SIZE ADJUSTABLE

DOCUMENTATION WORKSHEET: RETAIN IN PATIENT RECORD

Doctor: _____ Fitter: _____

Patient Name: _____ Date: _____

Patient #: _____ Additional Follow-Up Dates: _____

TOOLS NECESSARY: Scissors • Heat Gun • Tape Measure

FOR USE WITH PRODUCTS MANUFACTURED BY ASPEN MEDICAL PRODUCTS ONLY. THIS PRODUCT IS INTENDED FOR APPLICATION BY HEALTH CARE PRACTITIONERS AS DIRECTED BY A PHYSICIAN OR OTHER QUALIFIED MEDICAL AUTHORITY. THIS IS A PREFABRICATED ORTHOSIS. IT IS INTENDED TO BE CUSTOMIZED TO AN INDIVIDUAL PATIENT. FOLLOW THE STEPS BELOW TO CUSTOMIZE.

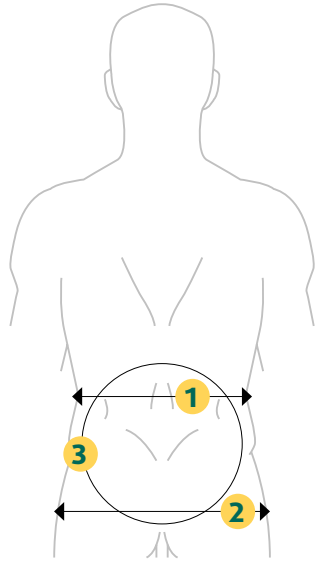
STEP 1 - MEASUREMENTS

1 Lower rib circumference = _____

2 Hip circumference = _____

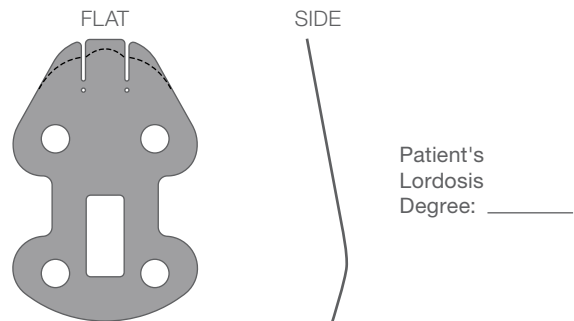
3 T9 to Sacrococcygeal Junction = _____

TIME SPENT: _____



STEP 2 - CUSTOMIZE BACK PANEL TO ANATOMY

- A. Measure patient's lordosis then customize back panel to anatomy.
- B. To customize back panel; remove the panel, heat, trim and reassemble.



Heat form to individual patient's anatomy and contour to create intimate fit for individual lordosis and soft tissue. Trim for individual patient's anatomy based on 3 _____

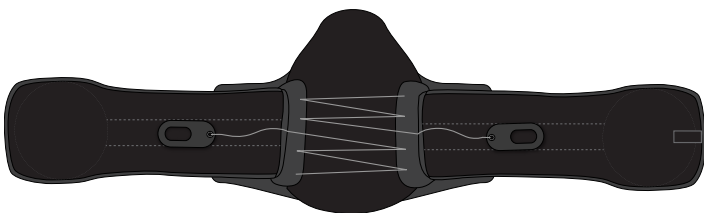
TIME SPENT: _____

STEP 3 - CUSTOMIZE SIZING AND TIGHTENING MECHANISM

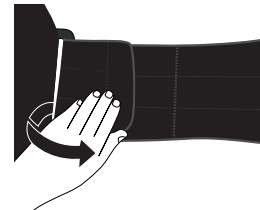
SIZING IS CRITICAL TO PROPER PERFORMANCE

Use the measurements below to customize to patient's anatomy.

- A. Use waist circumference (average of 1 and 2 _____) to determine where to mark belt with chalk.
- B. Adjust belt to chalk mark.



A. _____



- C. Adjust length of tightening mechanism. For individual patient, it may be necessary to adjust length of closure string. Trim and adjust length of strings.

Yes. Amount cut _____

No

TIME SPENT: _____

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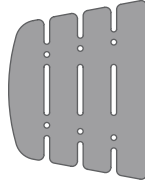
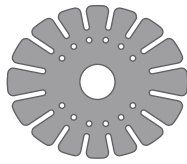
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STEP 4 - MODIFY RIGID PANELS

MODIFY ANTERIOR PANELS AND LATERAL PANELS AS NECESSARY



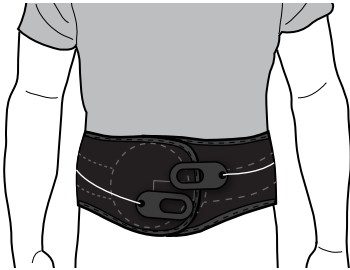
- Remove and trim to accommodate small and extra small anatomy.
- Remove and heat mold anterior panels as necessary.
- Remove and heat mold lateral panels as necessary.

STEP 5 - CUSTOMIZE BELT FIT

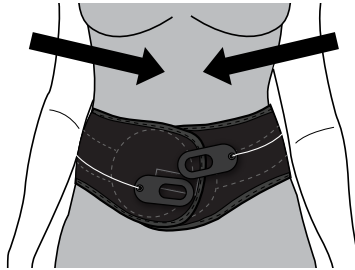
ANGLE ANTERIOR PANELS

Every patient has a unique individual anatomy. Determine angulation for proper fit. Circumferential contact at both upper and lower margins of brace is essential for proper brace performance and support.

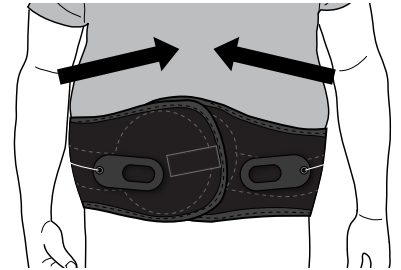
- A. Bend anterior panels to conform to patient's anatomy.
- B. Angle anterior panels; choose the configuration for best support below:



Neutral



Inferior Angulation



Superior Angulation

TIME SPENT: _____

STEP 6 - EDUCATION

EDUCATE PATIENT

Proper education is needed for individual to maintain proper fit throughout total time of wear.

Items to educate patient on:

- Independent compression mechanics
- Proper angulation to ensure circumferential contact
- Proper cleaning
- Don and doff
- Proper placement of brace
- Follow up appointments

TIME SPENT: _____

CLINICAL JUSTIFICATION FOR CUSTOMIZING BRACE

TOTAL TIME TO CUSTOMIZE BRACE: _____