



Life Changing Innovation



Aspen Peak Scoliosis Bracing System™
Patient Handbook

Patient Information

Please bring all teaching sheets and discharge information with you if you return to the hospital or physician's office/clinic for follow-up care. If you have any questions, please contact your physician or fitting professional.

PATIENT NAME

DATE

HOSPITAL/FACILITY

CITY, STATE



Life Changing
Innovation

Table of Contents

Introduction **1**

Brace Application **3**

Brace Removal **7**

Brace Cleaning **9**

Patient Notes **11**

Introduction

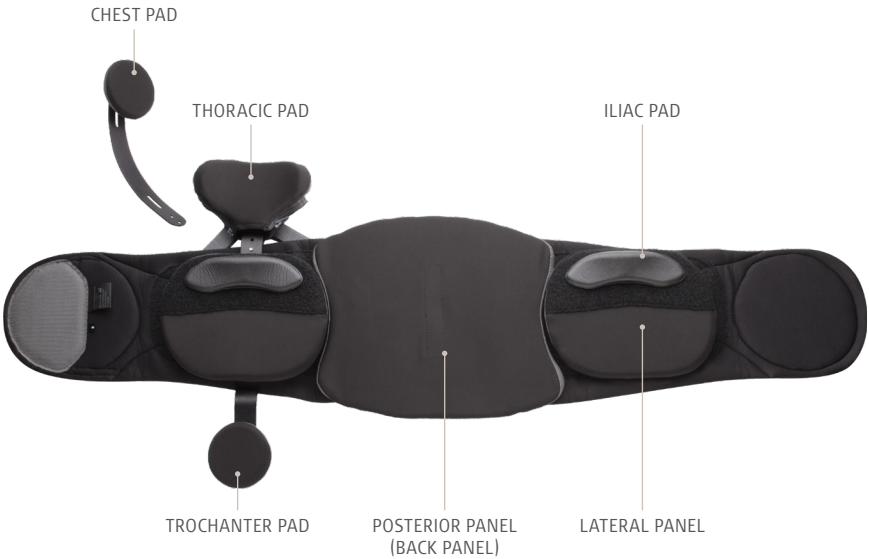
The Aspen Peak Scoliosis Bracing System™ is an unloader brace designed to provide support for adult scoliosis patients. Your physician has determined that wearing this brace will help your condition.

These instructions identify the steps you need to take and what you need to be aware of in order to properly apply and care for your brace at home. Adhering to these steps and following your physician's instructions will help ensure safe and effective care.

Exterior View



Interior View



Brace Application

The various components of your Aspen Peak Scoliosis Bracing System have been modified to create a customized fit designed to meet your specific needs. To ensure optimal results, do not alter the brace. Consult your clinician or your fitting professional if you have any questions or concerns about the placement of the pads or proper fit.

The following instructions will aid you in applying your brace in the correct position as well as tightening the belt for maximum comfort.



To begin, ensure that the pull tabs are as close to the back panel as possible and that the brace is fully extended.



Be sure to position each pad in its proper location. It is important that you apply the brace in the same position so that it feels the same as it did when you were initially fit.



Inhale deeply and wrap the belt around as tightly as possible. Overlap the ends of the brace and press down firmly to secure. Before tightening, be sure both the top and the bottom of the belt are snug. If needed, angle the ends of the brace up or down in order to achieve a snug fit at both the top and the bottom.



To tighten the brace, grasp the pull tabs and pull them away from your body. Over tighten the brace, then loosen slightly to achieve a supportive but comfortable fit.



Please note that the right pull tab controls the upper compression and the left pull tab controls the lower compression. Adjust as needed for maximum therapeutic support.



Once the appropriate compression is achieved, place the pull tabs on the front panel of the brace and press down to secure.



When seated, check that the brace is comfortable by confirming that the trochanter pad is not too low and that the thoracic pad is not uncomfortably high. To maintain effective and comfortable support, it can be helpful to slightly adjust the upper portion of the brace by loosening the right pull tab.

Brace Removal

Be sure to remove the brace as instructed. Proper placement of the pull tabs and extension of the brace will help ensure that it is ready to apply the next time.



To remove the brace, peel up the pull tabs and reattach them on either side of the brace as close to the back panel as possible to release the compression.



Peel back the ends of the brace to open.



Before removing entirely, be sure to fully extend the ends of the brace. This will adjust the brace so it is ready to apply the next time.

Brace Cleaning

When desired, the brace can be hand washed.



Wash the brace using mild soap and water. DO NOT use bleach, harsh chemicals or machine wash.



Rinse thoroughly.



Lay the brace on a clean, dry towel. Pat out any excess moisture and allow the brace to air dry completely. **DO NOT** machine dry.

Patient Notes

FOLLOW YOUR PHYSICIAN'S INSTRUCTIONS.

Wear the Peak Scoliosis Bracing System:

HOURS	TIMES
PER	PER
DAY	DAY

Additional Instructions:

One Year Limited Warranty

Aspen Medical Products, Irvine, CA 92618, warrants to the user who originally purchases this product that it is free from defects in material and workmanship for one year. The sole obligation of Aspen Medical Products in the event of breach of warranty shall be to repair or replace the defective product or part(s).

Aspen Medical Products shall have no obligation under this limited warranty in the event:

- (a) The product was not purchased from Aspen Medical Products or through its authorized channels of distribution;
- (b) The product is altered;
- (c) Any parts not supplied by Aspen Medical Products are inserted into the product; or
- (d) The product is not used in accordance with the Aspen Medical Products Instructions for Use.

THE FOREGOING IS THE SOLE AND EXCLUSIVE REMEDY FOR FAILURE IN SERVICE OF, OR DEFECT IN, THE PRODUCT. ASPEN MEDICAL PRODUCTS SHALL NOT BE LIABLE UNDER THIS OR ANY IMPLIED WARRANTY FOR ANY DIRECT, SPECIAL, INCIDENTAL, OR CONSEQUENTIAL DAMAGES. THIS WARRANTY IS IN LIEU OF ALL OTHER WARRANTIES, EXPRESSED OR IMPLIED, INCLUDING THE WARRANTY OF MERCHANTABILITY OR FITNESS FOR A PARTICULAR PURPOSE OR USE, AND ALL OBLIGATIONS OR LIABILITIES ON THE PART OF ASPEN MEDICAL PRODUCTS FOR DAMAGES ARISING OUT OF OR IN CONNECTION WITH THE USE OF THE PRODUCTS, WHICH ARE HEREBY DISCLAIMED AND EXCLUDED BY ASPEN MEDICAL PRODUCTS.

This warranty gives you specific legal rights and you may have other rights which vary from state to state.

Warning: To ensure proper use, please review all material.

A listing of authorized distributors in your area is available upon request.



Aspen Medical Products, LLC · 6481 Oak Canyon, Irvine, CA 92618-5202, USA

800-295-2776 · 949-681-0200 · aspenmp.com

© 2019 Aspen Medical Products, LLC · All rights reserved · Pat. aspenmp.com/patents
SB0011C · LIT5037C 10/19